




Stratham Memorial School - October 2015

Food Service Director: Anne Walsh
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Snack served daily from 8:30-10:30 with choices of: Bagels, Muffins, Soft Pretzels, Yogurt & assorted Cereals. Menu is subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>If you are interested in working part time in the kitchen please email Anne Walsh @ awalsh@sau16.org</p>	<p>This Menu (21 Days) Breakfast(Snack) - \$28.35 Lunch(w/milk) - \$ 55.65 Milk or Juice - \$ 8.40</p>	<p>Daily Lunch Option Yogurt Plain Bagel w/cream cheese or sunbutter Cheese Stick Choice of Fruit and Vegetable Milk</p>	<p>1 Bosco Cheese Sticks w/ Marinara Sauce Caesar Salad Baby Carrots w/ Dill Strawberry Cups</p>	<p>2 Stuffed Crust Pizza Veggie Sticks w/ Dressing Dip Homemade Hummus Orange Smiles</p>
<p>5 Hot Dog on WG Bun Baked Veggie Beans Seasoned Corn Niblets Sliced Dill Pickles Ice Cream Cup Chilled Diced Pears</p>	<p>6 Taco Tuesday Soft Tacos Chicken Quesadillas Seasoned Rice Lettuce and Diced Tomato Salsa and Shredded Cheese Pineapple Tidbits</p>	<p>7 Penne w/ Meat Sauce Tuna Roll w/ Chips WG Garlic Breadstick Romaine and Red Pepper Salad Pudding w/ whipped cream Assorted Fruit</p>	<p>8 French Toast Sticks Eggs McStratham Sausage Patty Baked Tater Tots Applesauce Fresh Cantaloupe Wedge</p>	<p>9 Domino's Pizza Veggie Sticks w/ Dressing Dip Homemade Hummus Orange Smiles</p>
<p>12 Columbus Day </p>	<p>13 Baked Chicken Nuggets Assorted Dipping Sauces Mashed Potatoes Marinated Vegetable Salad Fresh Whole Apples</p>	<p>14 Mini Cheese Ravioli w/ Sauce Tuna Roll w/ Chips Mozzarella Sticks Romaine and Red Pepper Salad Brownie Assorted Fruit</p>	<p>15 Hamburger on a WG Bun Lettuce, Tomato, Cheese Baked Onion Rings Garbanzo Bean Salad Sliced Dill Pickles Chilled Diced Peaches</p>	<p>16 Sal's Pizza Veggie Sticks w/ Dressing Dip Homemade Hummus Orange Smiles</p>
<p>19 Creamy Macaroni and Cheese Tossed Garden Salad Steamed Vegetable Medley Blueberry Parfait </p>	<p>20 Try it Tuesday Chicken Parmesan Sandwich Ham and Cheese Sandwich Seasoned Rice Pilaf Roasted Edamame Fresh Whole Pears</p>	<p>21 Rotini w/ Meat Sauce Tuna Roll w/ Chips WG Garlic Breadstick Romaine and Red Pepper Salad Chocolate Chunk Cookie Assorted Fruit</p>	<p>22 Baked Chicken Tenders Assorted Dipping Sauces Sweet Potato Puffs Kale Chips Applesauce Cake</p>	<p>23 Domino's Pizza Veggie Sticks w/ Dressing Dip Homemade Hummus Orange Smiles</p>
<p>26 Belgium Waffle Sticks Eggs McStratham Sausage Patty Hash Browns Applesauce Fresh Cantaloupe Wedge</p>	<p>27 Grilled Fajitas Chicken Quesadillas Seasoned Rice Lettuce and Diced Tomato Salsa and Shredded Cheese Mixed Fruit Cocktail</p>	<p>28 Spaghetti w/ Meat Sauce Tuna Roll w/ Chips WG Garlic Breadstick Romaine and Red Pepper Salad Jell-O w/ whipped cream Assorted Fruit</p>	<p>29 Toasted Cheese Sandwich Cream of Tomato Soup Sunshine Salad Assorted Fruit Sherbet Fresh Kiwi </p>	<p>30 Sal's Pizza Veggie Sticks w/ Dressing Dip Homemade Hummus Orange Smiles</p>



This menu is on the web @ sms.sau16.org

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